

# ***How much contamination in the tap water is okay with you?***



Did you know that experts and agencies which regulate our public water distribution systems have established acceptable levels of various pollutants in our water, including chemicals and even human waste?

For centuries, clean, refreshing drinking water was available in abundant supply. But, the industrial progress of the past 200 years came at great cost to our precious water resources. Health agencies tell us that our health may be at risk because of contaminants found in the tap water we thought was safe.

Most communities in America use chlorine for public water treatment. Through the years, the EPA has focused on potential cancer-causing chemicals as the main threat to water quality. Trihalomethines, by-products of chlorination, are suspected carcinogens. Now, water agencies and federal health officials have determined that water-borne contaminants like cryptosporidium, bacteria, giardia and viruses are also an immediate concern.

While it does have some affect against some germs, chlorine can be harmful to us. This treatment process failed to protect the residents of Milwaukee. More than 100 people died there, and 403,00 became ill in one cryptosporidium outbreak. Chlorination is also ineffective against MTBE, a gasoline additive shown to have contaminated water supplies throughout North America.



A study by the California Department of Health found that pregnant women consuming five or more glasses of municipal water has an increased incidence of miscarriage. Doctors are saying drink eight glasses of water a day!

U.S. and Canadian scientists have offered preliminary confirmation that traces of drugs (including antibiotics, painkillers, and psychiatric drugs) are polluting American water supplies.



Childhood exposure to heavy metals can cause permanent learning disabilities such as impaired reading ability and poor eye-hand coordination. According to the EPA, fully half of the public utilities in the United States still deliver water to homes through lead pipes.

**Please call our office for additional details on how we can help you and your family address these issues.**

**Toll-Free 800-950-1620**

**Dr. Dhesi would be happy to give you more information and discuss your situation personally.**